

FALCON BAND PRACTICE RECORD

www.forestwoodband.com

Student Name: _____

PR is DUE EVERY TUESDAY

TUESDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

WEDNESDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

THURSDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

FRIDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

SATURDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

SUNDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

MONDAY		
Rhythm Sheets	5-8 Minutes	
FlashCards	5-10 Minutes	
Mini-Instrument	5-10 Minutes	
Warm Ups/Artic	10-15 Minutes	
Finger Exercises	10-15 Minutes	
Rhythm Master/Wiley Bk	15-20 Minutes	
Music Theory	10-15 Minutes	

30-45 minutes Total Minutes _____

WEEK'S MINUTES

GRADING RUBRIC	
Circle your grade for the week.	
TOTAL MINUTES	GRADE
180-210	100
150-179	90
130-149	80
120-129	70
60-119	60
0-59	50

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Parent Signature _____

Date _____